

### **blood sugar logbook 50 pdf**

medication, rest, and exercise affect your blood sugar. Here's how to use your log book: 1 Fill in the date at the top of each page. 2 Breakfast: When testing blood sugar before and after ... Daily Log Book Abbott Diabetes Care Inc. 1360 South Loop Road, Alameda, CA 94502 www.AbbottDiabetesCare.com M 6 Fasting After Carbs/ Insulin Before After

### **Blood Glucose Monitoring Systems Daily Log Book**

experience no symptoms at all. That's why it's important to check your blood sugar often.

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### **Blood Glucose (Sugar) Log Booklet**

If you have high blood glucose, make notes in your log and talk with your health care team about whether you need to change your meal plan, physical activity, or diabetes medicines.

### **Toolkit No. 29 high blood glucose Blood Glucose Log**

My Blood Glucose Log Print out this log to record your daily blood glucose readings. Bring your recent logs to all doctor's appointments. BLOOD GLUCOSE

### **Chapter 2: Monitoring Your Blood Glucose My Blood Glucose Log**

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